

Fremantle Surf Life Saving Club



2005/06 TRAINING NOMINATION FORM

Name: _____

Address: _____

Date of Birth: _____

Home Phone: _____ Work Phone: _____

Mobile: _____

Email: _____

Please tick the boxes for awards you wish to obtain during the 2005/06 season.

Notes:

- ⇒ All members **MUST** be financial **BEFORE** commencing training for any award.
- ⇒ Please ensure you meet the age and prerequisites for nominated awards.

Award	Min. Age	Prerequisites	√
Surf Rescue Certificate	13	Be able to swim 200m in < 5 min	
Basic Emergency Care	13	-	
Resuscitation (CPR)	13	-	
Radio Operator	14	-	
Bronze Medallion / Certificate II (BM)	15	Be able to swim 400m in < 9 min	
Advanced Resuscitation Certificate (ARC)	15	-	
Senior First Aid	15	-	
Spinal Management	15	BM	
Defibrillator	16	ARC	
IRB Crew Person	16	BM	
Silver Medallion - IRB Driver	17	BM and IRB Crew Person	
Silver Med. – Advanced Emergency Care (AEC)	17	ARC and Senior First Aid	
Silver Medallion – Radio Controller	17	-	
Silver Medallion – Patrol Captain	17	Held BM; Current BM, ARC or Radio Op	
Gold Medallion – Advanced Lifesaving	18	BM; SM Patrol Capt. and SM AEC	
Training Officer (TO)	17	Must hold award you wish to train	
Assessor	18	TO for award you wish to assess	

Please send your form to fmslsc@fremantlesurfclub.com.au or hand to Terry Keating at the club.

Award courses will be scheduled during the season based on nomination numbers and trainer availability. Terry will contact you once the courses you have nominated for are scheduled.

For any questions regarding training please contact Terry Keating or myself via 9335 4539.

Rachelle Doyle
Chief Instructor

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